East Lancashire Hospitals NHS
NHS Trust

Patient presents to GP with Spinal Pain (consider Red Flags)

Keele - STarT Back Tool - Decision Aid for GPs - Total Score of Q1 - Q9

3 or less

LOW

GP Action

- Consider and act upon Red Flags
- Access Back Pain Self Help Guide Patient Information Leaflets from website
- Advise / prescribe appropriate medication / reassure patient

4 or more

Sub scores of Q5 – Q9

3 or less

MEDIUM

4 or more

HIGH

GP Action

- Consider and act upon Red Flags
- Advise / prescribe appropriate medication
- Access appropriate Back Pain Self Help Guides Patient Information leaflets from website
- Advise patient to follow advice for up to 2 weeks (depending on patient)

No Improvement

- If no improvement on review direct patient to **attend Spinal Drop-In**
- Patient will be asked to repeat STarT Back Tool and triaged to appropriate grade of staff.

No Improvement and patient declines or not suitable for Spinal Drop In

- Refer through Single Point of Access via Choose & Book - an individual appointment will be arranged.
- Include STarT Back Score Low/Med/High

Safe | Personal | Effective