

No formula milk provision

On maternity wards or birth centres

Information

As from the 1st November 2013, the maternity wards and birth centres will no longer provide formula milk to new mothers.

If you choose to formula feed you will need to bring in your own milk.

Please note that there will be no facilities for preparing formula milk, sterilising equipment or storing milk.

If you do bring in formula milk, the only 'type' that you can use in the unit / centres is **pre-prepared milk that comes ready made in a bottle with a teat provided.**

These are often referred to as 'starter packs'.

If you are unsure please ask your midwife to explain.

This 'type' of milk is available for each of the main milk brands and reduces any infection control / scalding risks within the unit / centres.

Important

- The formula milk you bring in to the unit / centres will be your responsibility
- We suggest that you keep it in your bags or locker to prevent possible theft
- We suggest that you prepare to bring enough milk to cover your stay with us
- Please ensure you follow the product guidance re how long the milk should be left 'open' before discarding it – this may vary between brands
- Please note that often new babies don't drink a full bottle and small frequent amounts can be normal in the first few days
- Please allow your baby to feed whenever they show feeding cues and take however much they want for that particular feed – this will vary

Thank you