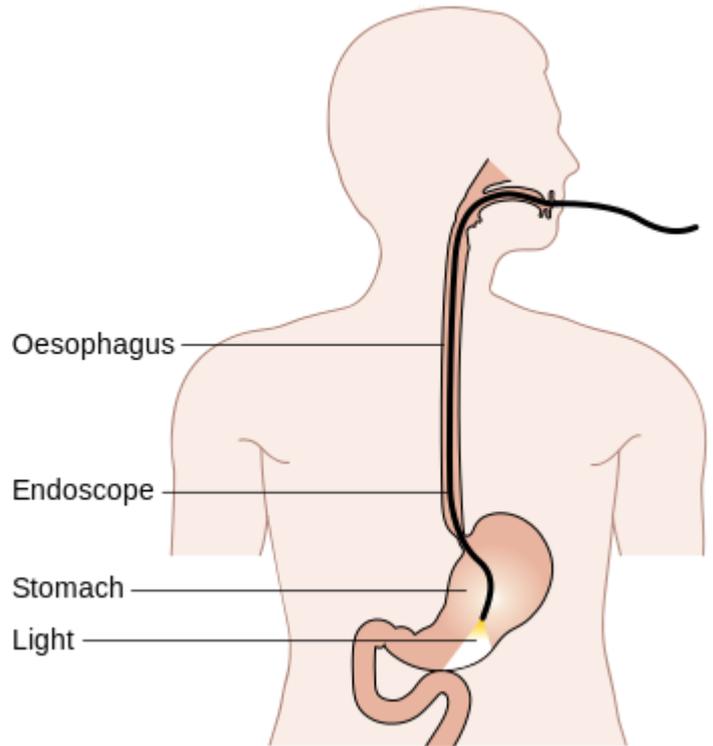


ENDOSCOPY

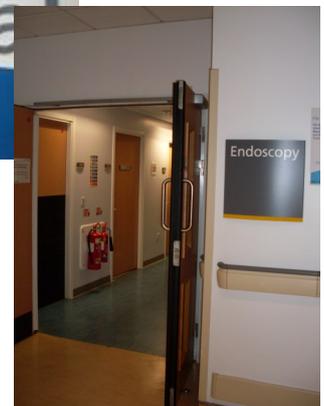
Easy Read Information Leaflet for Patient's and Carers

Your doctor has recommended that you come to hospital for a procedure to have a look into your stomach.

This is called a gastroscopy.



You will come to the endoscopy department at East Lancashire Hospitals NHS Trust.



Do not eat or drink before your procedure



The nurse will ask you some questions and take your blood pressure



You will be asked to put on a gown and get onto a bed



The nurse will put a tube in the back of your hand



You will go into the endoscopy room

The nurse will spray the back of your mouth, this tastes funny



Safe | Personal | Effective

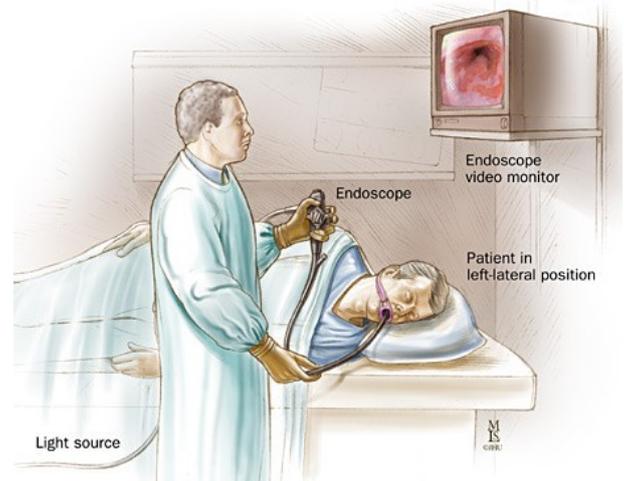
You will have a mouth piece put into you mouth



The doctor will give you some medicine onto the tube in your hand. It will make you feel sleepy



The doctor will look into your tummy



When the test is finished you will go to the recovery area



Safe | Personal | Effective

The doctor will come and tell you what he has been able to see.



**You will be able to have had a drink.
Then you can go home**



You may have a sore throat after the procedure and your tummy may feel bloated for a few hours



The next day you should feel OK



Information taken from ELHT leaflet E01 Upper GI Endoscopy

Pictures by Change Picture bank

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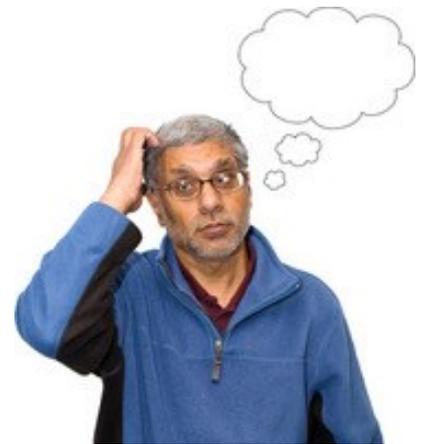
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Version 1

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MAKING CHOICES

Understanding the risks and benefits



Your doctor thinks that there is a problem with your food pipe, this is called your oesophagus. This test allows the doctor to look inside your food pipe so they can decide if you need any treatment

The doctors and nurse make everything as safe as possible for you but sometimes things don't go to plan.

The serious things that could happen are:

- Having difficulty breathing or problems with your heart because of the sedation or breathing in secretions
- Making a hole in you swallowing pipe
- Damaging your teeth
- Bleeding



If you are worried you should discuss this with your doctor.